

Resources for Transition to Adulthood

Transition Tool Kit and Digital Roadmap

These resources guide families in the autism community on the often complicated journey from adolescent to adulthood. These tools will provide suggestions and options to consider as you set out on this journey toward finding your child's own unique transition plan.

Postsecondary Educational Opportunities Guide

The Postsecondary Educational Opportunities Guide helps adolescents and young adults with autism and their families explore different opportunities and learning environments after leaving high school. Only an estimated 33 percent of youth with autism attend college. It's important to know the options and resources available to young adults. This resource guides young adults through their high school years and the years following graduation.

Community-based Skills Assessment (CSA)

The CSA helps parents and professionals assess the current skill levels and abilities of individuals with autism beginning at age 12 and continuing into adulthood in order to develop a comprehensive transition plan. The CSA is an important tool to assess needs in the area of community-based living, from transportation to financial management to peer relationships and more.

Special Needs Financial Planning Tool Kit

This tool kit provides all of the information you need to develop a plan for your child's financial future. Topics include guardianship, special needs trusts, ABLE accounts and more. The information in the Financial Planning Tool Kit comes from top experts in the field with many years of both personal and professional experience with special needs financial planning.

Resource Guide / Directory

The Autism Speaks Resource Guide is a portal of thousands of local resources, searchable by zip code, that includes social skills groups, after school programs, occupational therapists and more. An 'Information by Topic' Directory includes hundreds of resources on important subjects like behavioral issues, sleep, safety and more.

Autism Response Team

The Autism Response Team (ART) connects individuals with autism, family members and professionals in the autism community with resources and information through phone calls, email and chat. ART can help connect you with local service providers, provide information on your child's rights and help you find the right resources for you and your family, including the many available from Autism Speaks. The team can be reached at help@autismspeaks.org or (888) 288-4762 (en Español (888) 772-9050).